

THE AMERICAN LEGION FAMILY



LEADERSHIP

Commander
Warren Rice
(804) 852-8108

1st Vice Commander
(Membership)
Marty Martin
(804) 445-4709

2nd Vice Commander
(Hall Rentals)
William (Bill) Todd
(804) 402-6636
(Rental Line)

Adjutant
Robert (Bob) White
(804) 240-4220

Building & Grounds
Anthony Nelson
(804) 295-2673

Chaplain
Thomas Bynum
(804) 982-0044

Finance Officer
Raymond Lewter
(804) 357-2800

Judge Advocate
George Navas
(804) 368-0100

Legion Riders
Jack Barbour
(804) 690-1863

Sergeant-at-Arms
Myrtle Starling
(540) 809-2861

Service Officer
Thomas Bynum
(804) 982-0044

Sons of The American Legion (S.A.L.)
Jim Oliver
(804) 754-5860

THE AMERICAN LEGION POST 175

8700 Bell Creek Road, Mechanicsville, VA 23116-3867
Phone: (804) 789-8667 [Web: www.post175.org](http://www.post175.org) E-Mail: info@post175.org
September and October 2024

VETERANS SERVING VETERANS

News Highlights:



In Memoriam of Guy W. Page and Addison B. Lewis whom departed for Post Everlasting.

Service for Rick Hanks will be held on Thursday, 19 September at 11:00 am in the Church of the Redeemer, 8275 Meadowbridge Road, Mechanicsville.

RSVP to Chris Hanks at: chrish1147@yahoo.com or (716) 812-4040 .

Building and Grounds (B&G): WELCOME Anthony 'Tony' Nelson as Chair of our Building and Grounds (B&G) Committee.

Firearms Raffle tickets are still available. Three firearms, pistol, rimfire rifle, and shotgun are being raffled. One ticket gets you three chances to win. Tickets are ten (10) dollars each. See Post website for details, or visit us to get your tickets. Drawing will be held at the October 22nd membership meeting. Need not be present to win. **(Winners may use the "cash equivalent" of the prizes to purchase anything other than the firearms at Green Top Sporting Goods.)**

The American Legion National Headquarters have been sending erroneous notifications regarding our annual dues. **Our Post dues are forty-nine (\$49.00) dollars per year.**

Three-year memberships remain available. However, you must now renew at the current dues rate of forty nine (\$49.00) dollars per year. You can renew online by visiting: www.legion.org/renew. Selecting "Renew Today" will take you to the renewal page.

If you have a "myLegion" account, you can update your contact information (address, telephone, email) yourself, and view your Legion membership record, and even print a membership card. You can also designate Emergency Contacts, and more. Check it out: www.MyLegion.org.

Due to new message rules, both gmail (Google) and Comcast are "throttling" our messages. Meaning: limiting the number of addressees per message. If you have the capability, we would request you "white list" our domain (@Post175.org) so our messages are not labelled "spam" and get through to you versus being sent to your 'trash' or 'spam' folder.. Thank you.

Remember: Our Newsletter is always available online, to include previous editions, on the Post website at: www.Post175.org.



CONGRATULATIONS to Myrtle Starling, our Sergeant-at-Arms, selected as the 2023-2024 **Legionnaire of the Year (LoY)** for our Post.

LoY is a once in a lifetime award/achievement. Winners can be identified by the white Dogwood flower petal on their cap.

The American Legion Riders (ALR): Hello everyone! Your ALR175 Riders have some projects coming up. First of all, I'd like to recognize 3 of our Riders that participated in the annual National Legacy Run that started in Independence, MO and ended in New Orleans, LA.: Tom Esker, Bob Marsland, and Bill McKee. Final amount by the Virginia Legacy Run was \$114,000, which was presented to the National Commander. Coming up is a ride after the August breakfast to Fredericksburg Post 55 for inauguration of their ALR55. On 19 October we will be escorting the Old Dominion Honor Flight (ODHF). On 27-29 September several members will be attending the Virginia ALR annual state rally in Petersburg Post 2. We are gearing up for Wreaths Across America (WAA) with a brand new quilt. Watch for the quilt and raffle tickets going on sale soon!



L-R Wild Bill McKee, Bob Marsland, Harry S. Truman and Tom Esker

Their round trip to Independence, New Orleans, and return covered about 3,000 road miles and some 45 hours 'in the saddle'. Well done!



The Sons of The American Legion (SAL): We would like to thank everyone that supported our recent fish fry and especially the members of our Legion family that assisted with the event. It was another success and we look forward to hosting another fish fry this fall. As before, the proceeds from these events support our Junior Shooting Program and our elementary school flag education Americanism program. Soon, I will be contacting the Hanover County elementary schools to offer the flag education materials and our program. If we are again invited to present at the schools this year, I will ask for volunteers from the post family. The shooting program will be getting underway and we look forward to competing in American Legion and 4-H matches this year. As with the post, our membership renewals are currently underway, and we would like to again **invite anyone that is a male descendant of a former or existing veteran to consider joining our SAL squadron.** You can find out more information online @legion.org/sons, our post website, or contact me, at jtoliv@comcast.net.



Americanism

Children and Youth: Middle School Essay Contest. Open to all students in the 6th, 7th, and 8th grades, to include home schooled children. Submission deadline is December 15th at our Post.

CONGRATULATIONS to Daniel Mullins, Eagle Scout of the Year for our Post, the 13th District, and the Department of Virginia. Daniel received his 13th District award at our August membership meeting.

Flag Retirements: We have a drop-off box for flags needing retirement on the right-hand side as you enter the Post property.

Events of Interest:

Saturday, September 28th: "Legends at the Legion". Classic Car, Truck, and Bike Show. Registration includes a free Buffet Breakfast. Go to www.Post175.org for full details and registration form. Remember: **"It's free to see..."**

Also on Saturday, September 28th, The American Legion Auxiliary (Unit 175) will be having a **BAKE SALE** during the Car, Truck and Bike Show. Wonderful goodies will be available in the Post Main Hall. Stop on by... get some delicious treats and help support their community programs.

And last but not least, at our Tuesday, October 22nd Membership Meeting we will be conducting the drawing for our ongoing Gun Raffle. Tickets are \$10 and you need not be present to win. **One ticket gets you three chances to win.** If you do not want the firearm, you will receive the cash equivalent so you can purchase anything you wish at the Green Top Sporting Goods store. Anything they sell...! Get your tickets today from any Post officer or other selected Post members.



From Our Auxiliary:

Our President, Fayth Heath, slipped easily into her new position rallying the ladies with a focus on increasing the visibility in the community of not only our Auxiliary but the Legion Family as a whole. The goal is to assist the post in drawing new members and educating our community in the benefits and opportunities we provide. New projects and ideas were the focal point of the meeting.

President
Fayth Heath
(540) 809-2454

Vice President
Janice White
(804) 730-1775

Chaplain
Janice White
(804) 730-1775

Historian
Patricia Edmunds
(804) 401-3423

Membership
Lynn Barbour
(804) 614-5085

Secretary
Lynn Barbour
(804) 614-5085

Sergeant-at-Arms
Carolyn Nicholas
(804) 382-2552

Treasurer
Jeannie Rummel
(804) 310-7200



“Backpack Team” L-R: Lauren Thomas, Pat Edmunds, Janice White, Janet Williamson, Dora Sydnor, Carolyn Nichols, Fayth Heath, Joanne Meek, Myrtle Starling, Jeannie Rummel, Linda Lowe. Front Center: Honor (“Mutts with a Mission”)

The first immediate project was the Backpack initiative. Multiple auxiliary members went shopping for school supplies, packed backpacks, then delivered them to selected schools at the start of the school season. Stay tuned for more news about other upcoming projects.

The Auxiliary welcomed Ms. Linda Lowe and ‘Honor’ and “Summit” from Mutts With A Mission at our July breakfast. Linda explained this vital program which provides specially trained service dogs to help veterans and first responders in need. ‘Honor’ was well received, and Linda is now a new member of the Auxiliary. So, you may see ‘Honor’ or ‘Summit’ at various Legion events.

The Auxiliary received several awards at the July meeting. Post Commander, Warren Rice, presented A Citation for Meritorious Service for the 2023-2024 year to Unit 175 from the American Legion Department of Virginia. District 13 President Elizabeth Navas presented a Certificate of Achievement for 107.27% membership from the American Legion Auxiliary Department of Virginia for the 2023-2024 period. She also presented Unit 175 with the Award for Public Relations from the American Legion Auxiliary Department of Virginia for 2023 to 2024.

Past President Elizabeth Navas, made a Special Presentation of The American Legion Auxiliary Member of the Year Award to Jeannie Rummel. President Fayth Heath presented her with a dozen red roses. Thank you Jeannie for your hard work!

L-R: Elizabeth Navas, President of the 13th District and **Jeannie Rummel**,
The American Legion Auxiliary (Unit 175) **Member of the Year**
accepting her once in a lifetime award.



Looking Ahead....

Sept. 8th from 3 p.m. to 5 p.m. the Auxiliary will host a reception honoring the American Legion Auxiliary Unit 175 Girls State Delegates for 2024 and the American Legion Post 175 Scouting America Eagle Scout. Join us as we celebrate the remarkable experiences and achievements of these outstanding young people. A reception will follow the program providing an opportunity for all to meet and congratulate these young leaders.

Sept. 28th from 8 a.m. to 10 a.m. at the Post Community Breakfast. The Auxiliary will have delicious home baked goodies for sale.

Now through November, Toys for Tots; we will again be the central drop off point for this worthy cause. Take advantage of early clearance sales. Drop your toys off in the Toys for Tots box located in the Social Hall.

**IN
THE
SPIRIT
OF
SERVICE,
NOT
SELF**

American Legion Post 175
8700 Bell Creek Rd.
Mechanicsville, VA 23116



Serving Our Community,
State and Nation

CALENDAR HIGHLIGHTS:

September 2024:

- 10 - Tuesday: Post Executive Committee (ExCom) Meeting, 7:00 pm. Member Social Quarters.
- 11 - Wednesday: Patriot Day (Nationwide observance)
- 11 - Wednesday: **Pot Luck Dinner has been canceled.**
- 11 - Wednesday: MCEF Benefit Concert, 7:00 pm. Walnut Grove Baptist Church. (Donations suggested.)
- 13 - Friday: Music Under the Stars and Stripes (Navy Band), 7:00 pm. Montpelier Center for the Arts. (Free)
- 18 - Wednesday: Air Force Birthday
- 20 - Friday: National POW/MIA Recognition Day
- 24 - Tuesday: **Membership Meeting**, 7:00 pm. Main Hall.
- 28 - Saturday: **Post Community Breakfast** (Public Welcome), 7:30 am to 10:00 am. Main Hall.
- 28 - Saturday: **Classic Car, Truck and Bike Show** (Public Welcome), 8:00 am to 12:00 noon. Post parking lot.
- 28 - Saturday: **Bake Sale by The American Legion Auxiliary** (Public Welcome), 8:00 am to 11:00 am. Main Hall.
- 28 - Saturday: ALR and SAL Meetings, @12:00 noon (Following the Car, Truck and Bike Show).
- 29 - Sunday: Gold Star Mothers Day

October 2024:

- 08 - Tuesday: Post Executive Committee (ExCom) Meeting, 7:00 pm. Member Social Quarters.
- 09 - Wednesday: Pot Luck Dinner, 5:00 pm social, 6:00 pm dinner. Member Social Quarters.
- 13 - Sunday: Navy Birthday
- 19 - Saturday: **Old Dominion Honor Flight**. Departs Post at 8:00 am. (Returns @ 8:30 pm)
- 22 - Tuesday: **Membership Meeting and Raffle Drawing**, 7:00 pm. Main Hall.
- 26 - Saturday: **Post Community Breakfast** (Public Welcome), 7:30 am to 10:00 am. Main Hall.
- 26 - Saturday: ALR and SAL Meetings, @11:00 am (Following Post Community Breakfast).

Every Tuesday morning, 9:00 am to 11:00 am, Coffee and Doughnuts (Free). Member Social Quarters.