



LEADERSHIP

Commander
Warren Rice
(804) 852-8108

1st Vice Commander
(Membership)
Marty Martin
(804) 445-4709

2nd Vice Commander
(Hall Rentals)
William (Bill) Todd
(804) 402-6636
(Rental Line)

Adjutant
Robert (Bob) White
(804) 240-4220

Building & Grounds
Anthony Nelson
(804) 295-2673

Chaplain
Thomas Bynum
(804) 982-0044

Finance Officer
Raymond Lewter
(804) 357-2800

Judge Advocate
George Navas
(804) 368-0100

Legion Riders
Jack Barbour
(804) 690-1863

Sergeant-at-Arms
Myrtle Starling
(540) 809-2861

Service Officer
Thomas Bynum
(804) 982-0044

Sons of The American Legion (S.A.L.)
Jim Oliver
(804) 754-5860

THE AMERICAN LEGION POST 175

8700 Bell Creek Road, Mechanicsville, VA 23116-3867

Phone: (804) 789-8667 [Web: www.post175.org](http://www.post175.org) E-Mail: info@post175.org

July and August 2024

VETERANS SERVING VETERANS

News Highlights:



In Memoriam of Richard (Rick) Hanks whom departed for Post Everlasting on June 9th.

CONGRATULATIONS to our Post Officers for the Fiscal Year (FY) 2024-2025.

They are listed in the frame on the left.

Building and Grounds (B&G): After several years of faithful and honorable service, Tom Livsie stepped down as Chair of our Building and Grounds (B&G) Committee. **The Post is now searching for a member to 'step up' and assume the B&G Chair position.** If you are interested in ensuring our Post home remains the wonderful place it is, wish to help keep it in pristine condition for your fellow Legionnaires and community renters, and can work with contractors, please see either Tom Livsie or Post Commander Warren Rice.

Firearms Raffle tickets are now on sale. Three firearms, pistol, rimfire rifle, and shotgun are available. One ticket gets you three chances to win. Tickets are ten (10) dollars each. See Post website for details, or visit us to get your tickets. Drawing will be held at the October 22nd membership meeting. Need not be present to win. (Winners may use the "cash equivalent" of the prizes to purchase items other than the firearms at Green Top Sporting Goods.)

First Vice Commander reports that our Post will end the Fiscal Year (FY) with 304 Legionnaires. That is **102.7%** of our goal. So... we continue growing - great news!

Three-year memberships remain available. However, you must now renew at the current dues rate of forty nine (\$49.00) dollars per year. You can renew online by visiting: www.legion.org/renew. Selecting "Renew Today" will take you to the renewal page.

If you have a "myLegion" account, you can update your contact information (address, telephone, email) yourself, and view your Legion membership record, and even print a membership card. You can also designate Emergency Contacts, and more. Check it out: www.MyLegion.org.

The Hanover County Veterans Committee (HCVC) is comprised of ten (10) honorably discharged veterans residing in Hanover County. **Nine** of those members are from our own Post 175. Committee members are Advisors to all Hanover County government, and any other county organization, on how to honor and serve our local veterans. Proof that we, as Legionnaires, serve our community in more ways than one.

Due to new message rules, both gmail (Google) and Comcast are "throttling" our messages. Meaning: limiting the number of addressees per message. If you have the capability, we would request you "white list" our domain (@Post175.org) so our messages are not labelled "spam" and get through to you versus being sent to your 'trash' or 'spam' folder.. Thank you.



Donation from one of our Supporters:

E. William Martin (left), Senior Vice President of the **Virginia National Bank**, presents a donation check for \$2,500.00 to our Post Commander Warren Rice (right) at our May membership meeting.

Mr. Martin and the **Virginia National Bank** have been strong, continuing supporters of our Post. Mr. Martin is the son of our own 'Marty' Martin, our First Vice Commander.

The American Legion Riders (ALR):

Been a busy month for us! We have finished the Virginia Legacy Run for this year. So far we have collected \$93,942 for the Veterans and Children's Foundation. We have until 10 August to break \$100,000, when we donate to the National Legacy Run. Thanks to Fayth Heath for making the Harley Quilt. Thanks to all that supported both purchasing and selling, she was able to donate \$3000. We had 10 riders from our chapter to participate in the run from Winchester to Richmond. Not pictured is Dan Ossa and David Meade. We visited Department Headquarters, State Capitol and rode through Hollywood Cemetery. There was a pinning of both Vietnam Veterans & Vietnam Era Veterans. Several riders participated in Hopewell ALR 146 Poker Run on Saturday, June 22.



The Sons of The American Legion (SAL):

Our S.A.L., most ably led by Jim Oliver, coordinated our Post Family and visited eight (8) Hanover County Elementary Schools, speaking to first graders and distributing 611 booklets and 529 flags as part of the Americanism "Flag Education Program". The S.A.L. also exceeded membership goal for Fiscal Year (FY) 2023-2024. CONGRATULATIONS on both counts! **Remember: you can be a "dual member" of The Legion and S.A.L.**

And... the next **Fish Fry** in support of the Americanism—Flag Education Program will be on **Friday, August 9th**, from 5:00 pm to 6:30 pm in our main hall. You may eat-in or take-out. You **MUST pre-purchase tickets by August 2nd**. All meals come with fixins' of potato salad, coleslaw, and cornbread. See the Post website (www.post175.org) for full details. Or... just get a couple of tickets the next time you drop by our Post.

Americanism:

Boys State: The 2024 session was held on the campus of Radford University in Radford, Virginia from June 16th to the 22nd. This session marks the 81st session of our program.

Youth Cadet Law Enforcement (YCLE): This years session took place from Sunday, June 16 to Friday, June 21, 2024. During the instruction at the State Police academy, the students received orientations on criminal investigations, patrol techniques, accident and crime scene investigations, firearms safety and marksmanship.

Flag Replacement Program (FRP): Our Post Auxiliary Unit has a Flag Replacement Program that identifies old, tattered, faded and worn U.S. flags and provides a free replacement. If you see a U.S. flag that needs replacing, please inform the Auxiliary Unit President. Our Auxiliary Unit will need the address of the flag needing replacement, and will deliver a new flag to that location and offer to retire the damaged flag.



President's Message:

As I leave office I want to thank everyone for two years of fun and great works. We signed nearly two thousand cards for Veterans, contributed approximately \$3000 in food donations to alleviate food deserts in Virginia. We've supported American troops in 3 countries and joined our Sons and Riders in various local and national projects. We've made outstanding strides in building a cohesive and family oriented Unit that is able to transfer that love to others. I am proud and honored to have worked with you all.

President
Fayth Heath
(540) 809-2454

I will be transitioning to a different role within the Unit as support for Veterans Affairs and Rehabilitation (VA&R). VA&R that has been well run by Diane Lewter for so many years and I hope to live up to her standard.

Vice President
Janice White
(804) 730-1775

I hope you show the same support to Fayth and her officers that you showed me. We are in for some interesting programs and projects this year as Fayth has some really great ideas and will be looking for your continued devotion to the mission.

Chaplain
Janice White
(804) 730-1775

God Bless and always remember; Service, not Self.
Elizabeth Navas

Historian
Patricia Edmunds
(804) 401-3423

We bid our past President Elizabeth Navas farewell with applause and appreciation for a job well done as a new year in The American Legion Auxiliary begins in July. Elizabeth is the newly elected District 13 President, and she will still be engaged with Unit 175 in other capacities.

Membership
Lynn Barbour
(804) 614-5085

I will be assuming leadership in July with a very committed staff of officers and committee chairpersons. We sought the input of members present at the Commander's Coffee to brainstorm ideas for the coming year; we have the bones for many exciting projects which will require further thought to become actionable.

Sergeant-at-Arms
Carolyn Nicholas
(804) 382-2552

The primary focus of our year will be to increase our presence/visibility in the community and attract new members, including Junior members. We hope to assist our Legion Family in their growth efforts as well as a rising tide raises all ships.

Treasurer
Jeannie Rummel
(804) 310-7200

To give you a hint at some of our projects to look forward to, we are bringing to fruition a new annual Scholarship (begun by Elizabeth Navas) for a local graduate, Bi-monthly Bake Sales, Patriotic Holiday Education, Monthly craft night/morning, a Winter Festival in January, and a Daddy/Daughter Dance.

For God & Country,

Fayth Heath

**IN
THE
SPIRIT
OF
SERVICE,
NOT
SELF**

What's coming up?

Girls State selection was a success again this year. Chair Jeannie Rummel and the Committee have chosen three fabulous candidates. I am sure they are looking forward to their adventure as much as we are looking forward to their return and listening to their experiences. Stay tuned for information on the Cocktail Party in September.

Welcome one and all

As always, join us for the Commander's Coffee each Tuesday and enjoy the fellowship of family and friends.

American Legion Post 175
8700 Bell Creek Rd.
Mechanicsville, VA 23116



Serving Our Community,
State and Nation

CALENDAR HIGHLIGHTS:

July 2024:

- 04 - Thursday: Independence Day Holiday
- 09 - Tuesday: Post Executive Committee (ExCom) Meeting, 7:00 pm. Member Social Quarters.
- 10 - Wednesday: Pot Luck Dinner, 5:00 pm social, 6:00 pm dinner. Member Social Quarters.
- 23 - Tuesday: **Membership Meeting**, 7:00 pm. Main Hall.
- 27 - Saturday: National Korean War Veteran Recognition Day
- 27 - Saturday: **Post Community Breakfast** (Public Welcome), 7:30 am to 10:00 am. Main Hall.
- 27 - Saturday: ALR and SAL Meetings, @11:00 am (Following Post Community Breakfast).

August 2024:

- 04 - Sunday: Coast Guard Birthday
- 07 - Wednesday: Purple Heart Day
- 09 - Friday: **Fish Fry Fundraiser**, 5:00 pm to 6:30 pm, Eat-in or Take-out. **Tickets required.**
- 13 - Tuesday: Post Executive Committee (ExCom) Meeting, 7:00 pm. Member Social Quarters.
- 14 - Wednesday: Pot Luck Dinner, 5:00 pm social, 6:00 pm dinner. Member Social Quarters.
- 27 - Tuesday: **Membership Meeting**, 7:00 pm. Main Hall.
- 31 - Saturday: **Post Community Breakfast** (Public Welcome), 7:30 am to 10:00 am. Main Hall.
- 31 - Saturday: ALR and SAL Meetings, @11:00 am (Following Post Community Breakfast).

Other Legion Events of Interest:

- 10 to 14 July - Department of Virginia Convention, Hilton Hotel, Washington-Dulles Airport
- 02 to 04 August - American Legion Leadership College, Department of Virginia, DoubleTree Hotel, Midlothian

Every Tuesday morning, 9am to 11am, Coffee and Doughnuts (Free). Member Social Quarters.